

BREAKFAST

<u> </u>			
	A La Carte (Max 10ppl)	Half Tray (~10-12ppl)	Full Tray (~20-25ppl)
Scrambled Eggs	\$6	\$50	\$95
Homefries	\$4	\$45	\$90
Elvis Memphis Scramble (Scrambled eggs, sausage, bacon, pepper, onion)	\$10	\$85	\$165
Breakfast Burrito (Scrambled eggs, sausage, cherry pepper, potatoes, avocado, cheddar)	\$12	N/A	N/A
Tofu Scramble	\$9	\$75	\$150
Pancakes or French Toast	\$3	(25pcs) \$65	(50pcs) \$120
Bacon	(3pcs) \$3	(50pcs) \$50	(100pcs) \$95
Maple Sausage or Turkey Sausage	(2pcs) \$3	(35 pcs) \$50	(75 pcs) \$95
Beyond Sausage	(2pcs) \$5	(35 pcs) \$75	(75 pcs) \$150
Seasonal Fruit	\$6	\$75	\$125
Cornbread	\$4	\$45	\$90

A La Carte Breakfast:

• Egg & cheese sandwich: \$5

Egg, meat, & cheese sandwich: \$7 (add \$2 for Beyond Sausage)
Stuffed French toast sandwich: \$9 (add \$2 for Beyond Sausage)

Bagel Platter: By the dozen(assortment of plain, everything, and cinnamon raisin) served with

cream cheese ... \$45

Pastry Platter: Serves 12-15ppl (assortment of muffins, scones, and pastries) ... \$40

Yogurt: 20oz ...\$20 Add mixed fruit ...\$5

Granola: 20oz ... \$15

LUNCH

Sandwiches A La Carte: (Served with chips and a pickle)

Basic Sandwiches: Roasted Turkey, Applewood Smoked Ham, Chicken Salad, Egg Salad,

Veggie. (Can be made as wraps.) ...11

Specialty Sandwiches: B.L.A.S.T., Turkey Terrific, Vermonster ... 15

Vegan Buffalo Tofu Wrap ... 15

Salads A La Carte:

Basic Salad: Garden or Caesar ... 8

Half Tray ... 40 Full Tray ... 65

(Add Chicken +5 for individual, +14 for half tray, +20 for full tray)

Specialty Salad: Cobb, Buffalo Chicken, New Leaf Salad, P.W.G Salad (Pear, Walnut,

Gorgonzola) ... \$15 per order

Sweet Treat Platter: Cookies, brownies, or a mix (GF available) ... \$35

Vegan Options:

Vegan/Gluten Free Pancake ... 4

Vegan French Toast ... 5

Tofu Scramble: A la Carte ... 12 Half Pan ... 75 Full Pan ... 120

Vegan Buffalo Tofu Wrap w/ chips & pickle [Vegan] ... 14

Buddha Bowl [Vegan & GF] ... 14

Black Bean Burger w/ chips & pickle [Vegan] ... 15

DRINKS

Coffee And Teas:

(~12-15 cups per box) Comes with sugars and stirrers

Box of Iron Gate Cafe House Blend ... 40

Box of Iron Gate Cafe Decaf Blend ... 40

Box of hot water and assorted teas(Earl Grey, Green Tea, Black Tea) ... 20

Box of house-made Iron Gate Cafe Cold Brew Coffee ... 50

Soda & Juices: [by container]

Bottles ... \$3

Coke, Sprite, Saratoga Sparkling

Cans ... \$2

Diet Coke, Ginger Ale

Kombucha ... \$6

Yesfolk Kombucha [Seasonal Flavors]

Bottled Water ... \$2